Title: Family Support to Pasca Stroke Patient in Undergoing Rehabilitation Therapy in Rumah Sakit Haji Medan

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Abstract

Family support is a kind of support given by spouse, children, son-in-law or daughter-in-law which can be judgement, information, instrumental, and emotional in going through a rehabilitation therapy (physical therapy, occupational therapy, and speaking therapy). Family support itself can be divided into 4 categories, that is judgement support, instrumental support, information support, and emotional support. From these four supports, we can see that there are supportive and non supportive family support in patient rehabilitation therapy. The purpose of this research is to identify what kind of family support given to the pasca stroke patients in going through a rehabilitation therapy in Rumah Sakit Haji Medan. The research used descriptive design. The population in this research was the whole patient’s family whose member was undergoing a rehabilitation therapy in Rumah Sakit Haji Medan. The number of samples was 74 persons taken with purposive sampling technique. The questionnaire for this research covered the demography data, judgement support, instrumental support, information support and emotional support. The result showed that majority of family members (n=65, 87.8%) were supportive. It is suggested to nurse who serve the pasca stroke patients that they need to make the family members get involved in the therapy to get an optimal result.

Key words: family support, rehabilitation, pasca stroke patient