

## ABSTRAK

Di Kecamatan Bandar Kabupaten Bener Meriah pada tahun 2013 terdapat balita yang mengalami status gizi kurang sebesar 5,5 %. Hal ini terkait dengan kinerja kader posyandu dan karakteristik ibu (umur, pendidikan dan pengetahuan) serta partisipasi ibu yang kurang.

Penelitian ini bertujuan untuk menganalisis hubungan kinerja kader posyandu dengan status gizi balita. Jenis penelitian ini adalah survey *analitik* dengan desain penelitian *cross sectional*. Populasi dalam penelitian ini adalah seluruh ibu yang mempunyai anak balita dengan umur 0-59 bulan sebanyak 2023 orang yang berada pada Posyandu Purnama dan besar sampel sebesar 110 orang. Data kinerja kader dan karakteristik ibu serta partisipasi ibu diperoleh dengan wawancara menggunakan kuesioner, status gizi balita diukur secara antropometri, dianalisis dengan *chi-square* pada  $\alpha = 5\%$ .

Hasil penelitian menunjukkan bahwa status gizi balita di Kecamatan Bandar Kabupaten Bener Meriah pada kategori gizi kurang sebesar 16,4%, terdapat hubungan kinerja kader posyandu, karakteristik ibu (pengetahuan ibu) dan partisipasi ibu dengan status gizi di Kecamatan Bandar Kabupaten Bener Meriah.

Disarankan kepada tenaga kesehatan diharapkan melaksanakan posyandu setiap bulannya dan memotivasi kader dalam meningkatkan kinerjanya di Kecamatan Bandar Kabupaten Bener Meriah, kepada ibu sebaiknya meningkatkan partisipasinya dalam pelaksanaan posyandu yang bertujuan untuk meningkatkan status gizi anak dan kepada ibu diharapkan lebih meningkatkan pengetahuan dan memperhatikan pemberian makan yang bergizi untuk meningkatkan status gizi balita.

**Kata Kunci : Kinerja, Kader, Karakteristik, Partisipasi dan Status Gizi Balita**

## **ABSTRACT**

*There were 5.5% of children under five years old who lack of nutrition at Bandar Subdistrict, Bener Meriah District, in 2012. This is related to the performance and characteristics posyandu mother (age, education, and knowledge) as well as the mother's participation is less.*

*The aim of the research was to analyze the correlation between posyandu cadres' performance and nutrition status of children under five years old. The type of the research was an analytic survey with cross sectional design. The population was 2023 mothers who had 0-59 month-old children and visited Purnama Posyandu, and 110 of them were used as the samples.*

*The data of cadres' performance and mothers' participation and knowledge were gathered by conducting interviews, using questionnaires. The nutrition status of the children under five years old was measured by anthropometric scale and analyzed by chi square test at  $\alpha = 5\%$ .*

*The result of the research showed that the nutrition status of children under five years old at Bandar Subdistrict, Bener Meriah District, was in the category of lack of nutrition of 16.4%. The performance of posyandu cadres was in the best category of 58.2% and in the worst category of 41.8%. Mothers' participation in visiting posyandu was in the average of good category of 70.9% and of bad category of 29.1%. Mothers' knowledge in good category was 59.1% and in bad category was 40.9% at Bandar Subdistrict, Bener Meriah District. The performance of cadres and mothers' participation and knowledge had significant correlation with the nutrition status of children under five years old at Bandar Subdistrict, Bener Meriah District.*

*It is recommended that the cadres should increase their performance at posyandu, mothers should increase their participation in visiting posyandu in order to monitor their children's nutrition status and increase their knowledge about the importance of visiting posyandu in order to increase the nutrition status of children under five years old.*

***Keywords : Performance, Cadres, Characteristic, Participation and Nutrition Status of Children Under Five Years Old***