APPENDICES

The Biography of Mitch Albom

Mitchell David Albom was born on May 23, 1958 in Passaic, New Jersey to Rhoda and Ira Albom. Albom went on to Brandeis University in Waltham, Massachusetts to earn a bachelor’s degree in sociology. Pursuing his dream to become a musician, he worked after graduation for several years in night clubs in the US and Europe. He discovered an aptitude for writing and eventually returned to graduate school, earning a Masters degree from Columbia University’s Graduate School of Journalism, followed by an MBA from Columbia University’s Graduate School of Business.

Aside from writing novels, Albom has also been deemed the #1 Sports Columnist in the Nation by the sports editors of America. He has received over 100 writing awards from National Sportswriters and Broadcasters Associations, Headliners Club as well as many others. His work has also appeared in publications such as Sports Illustrated, GQ Magazine, The New York Times, USA Today, and TV Guide.

Albom appears regularly on ESPN's The Sports Reporters (airs Sunday mornings from the ESPN Zone in Times Square at 10 a.m. EST) and Sports Center. He has also made appearances on Costas Now, The Oprah Winfrey Show, The Today Show, CBS’s The Early Show, ABC’s Good Morning America, Dr. Phil, and Larry King Live. Now, Mitch lives with his wife, Janine, in Michigan.
The Summary of The Novel

The novel *For One More Day* tells about the relationship between a son, Chick Benetto, and his parents. Chick experiences conflicts in the family since he is a child. His father always asks him to choose whether he wants to be a mama’s boy or a daddy’s boy. He decides to be a daddy’s boy. He stands up for his father most of the time but he rarely does that to his mother who loves him very much. Until one day, at his age of 11, his father leaves the family without any reasons that he can understand. Chick loses the figure of somebody to follow. Since his father’s leaving, his mother tries to stay strong raising the family alone.

Starting at the age of 11, Chick begins to build his resentment to his father unknowingly. Otherwise, in the same time, his mother takes care of the family bravely. She gives her best to make her children happy. However, for some reasons, Chick remains unsatisfied with all her efforts. He is even ashamed of his mother and resents his incomplete family. Chick spends much of his life chasing the elusive love of his father.

However, decades later when his mother dies, Chick has just realized his big mistakes. His resentment turns to regret and haunts him for the rest of his life. It leads him to depression and alcoholism, which later ruins his life. He leaves his own family and one day he decides to take his own life like his father do to his family.

And then one day, Charley decides and tries to commit suicide. In his unconsciousness, he meets his mother. His mother treats Charley just the same, as
if nothing had changed. A million questions thus come into his mind. Didn't his mother die? How was she here? Did Charley die? How was he here?

He spends a day with her again. It changes everything since he finds himself with the opportunity of one more day to right the wrongs and finds answers to his lifelong questions.