ABSTRACT

Every ethnic have it’s own culture, Tionghoa Ethnica has the Wushu as their culture. Wushu is a martial arts that has been known throughout the world. Wushu has its own function and meaning. This undergraduate thesis is focus to the function and meaning of Wushu as Gymnastic Health at Yayasan Kusuma Wushu Indonesia. This study is expected to provide knowledge about Wushu, especially in Medan. The purpose of this study is to determine the function and meaning of wushu that can be utilized by the communities or researchers. This research is expected to be mastered by researcher. This study was made using descriptive qualitative method, this method collect datas by collecting literature data, observations, and interviews. Results of this study indicate that Wushu has an important role. Wushu beneficial to health, welfare and prosperity of the community life. Wushu is not easy to learn but also not too difficult, it’s depend on the persistence and the willingness of people who want to learn. If we serious to learn it, we will be able to learn Wushu easily. Conclusion of this study is Wushu is one of the martial arts are very good for health. Wushu should be preserved and promoted in order to boast Indonesia to the world.