LAMPIRAN 1: KUESIONER PENELITIAN

PENGARUH GAYA HIDUP TERHADAP STATUS KESEHATAN LANJUT USIA (LANSIA) DI WILAYAH KERJA PUSKESMAS DARUSALAM MEDAN TAHUN 2011

Nomor Kode Responden : 
Tanggal Wawancara : 
Petunjuk: 
  1. Isilah titik-titik untuk pertanyaan yang tidak ada pilihanya. 
  2. Berilah tanda √ (ceklist) pada kolom jawaban yang benar.

I. KARAKTERISTIK LANSIA:

1. Nama : 
2. Umur : 
3. Jenis kelamin : 
4. Pendidikan : 
5. Status Pekerjaan : 
6. Status pernikahan : 

II. PERTANYAAN

<table>
<thead>
<tr>
<th>No</th>
<th>Pertanyaan</th>
<th>Jawaban</th>
</tr>
</thead>
<tbody>
<tr>
<td>I.</td>
<td>STATUS KESEHATAN LANSIA</td>
<td></td>
</tr>
<tr>
<td>1.</td>
<td>Apakah bapak/ibu menderita penyakit gula/DM saat ini?</td>
<td>Ya</td>
</tr>
<tr>
<td>2.</td>
<td>Apakah bapak/ibu menderita penyakit Hipertensi/tekanan darah tinggi saat ini?</td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td>Apakah bapak/ibu masih bisa jalan sendiri tanpa alat bantu?</td>
<td></td>
</tr>
<tr>
<td>4.</td>
<td>Apakah bapak/ibu masih bisa melakukan aktivitas sehari-hari misalnya mandi sendiri?</td>
<td></td>
</tr>
<tr>
<td>5.</td>
<td>Apakah bapak/ibu masih bisa melakukan aktivitas sehari-hari misalnya buang air besar/buang air kecil sendiri?</td>
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<tr>
<td>6.</td>
<td>Apakah bapak/ibu masih bisa menyiapkan makanan sendiri?</td>
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<tr>
<td>No.</td>
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<td>Jawaban</td>
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<td>7.</td>
<td>Apakah bapak/ibu mengalami sukar tidur?</td>
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<td>8.</td>
<td>Apakah bapak/ibu sering mengalami gelisah/kuatir?</td>
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<tr>
<td>9.</td>
<td>Apakah bapak/ibu sering murung/menangis sendiri?</td>
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<td>10.</td>
<td>Apakah bapak/ibu menggunakan obat tidur/penenang atas anjuran dokter?</td>
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<tr>
<td>11.</td>
<td>Apakah bapak/ibu cenderung mengurung diri?</td>
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<tr>
<td>12.</td>
<td>Apakah bapak/ibu secara teratur melakukan ibadah?</td>
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<tr>
<td>13.</td>
<td>Apakah bapak/ibu secara teratur mengikuti atau terlibat aktif dalam kegiatan keagamaan?</td>
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<tr>
<td>14.</td>
<td>Bagaimana cara bapak/ibu menyelesaikan permasalahan, apakah dengan berdoa?</td>
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</tr>
<tr>
<td>15.</td>
<td>Apakah bapak/ibu menyediakan alat-alat beribadah misalnya: alkitab, alqur’an, sajadah dan yang sejenisnya?</td>
<td></td>
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### III. Gaya hidup

**A. POLA MAKAN**

<table>
<thead>
<tr>
<th>No.</th>
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<th>Jawaban</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Apakah bapak/ibu selalu makan sarapan pagi?</td>
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<tr>
<td>2.</td>
<td>Apakah pola makan bapak/ibu teratur, 3x/hari (pagi, siang, malam)?</td>
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<tr>
<td>3.</td>
<td>Apakah bapak/ibu selalu makan sumber karbohidrat misalnya nasi atau roti atau mie?</td>
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<td>4.</td>
<td>Apakah bapak/ibu selalu makan sumber protein hewani misalnya daging ayam atau telur unggas atau ikan?</td>
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<td>5.</td>
<td>Apakah bapak/ibu selalu makan sumber protein nabati misalnya kacang tanah atau kacang hijau atau tahu atau tempe?</td>
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<tr>
<td>6.</td>
<td>Apakah bapak/ibu selalu makan sayur misalnya sayur bayam atau daun singkong atau wortel atau kacang panjang?</td>
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<tr>
<td>7.</td>
<td>Apakah bapak/ibu selalu makan buah misalnya buah pepaya atau pisang atau apel atau jeruk?</td>
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<tr>
<td>8.</td>
<td>Apakah bapak/ibu selalu makan jajanan diantara waktu makan misalnya bika ambon atau kue dadar atau kue risol?</td>
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<tr>
<td>9.</td>
<td>Apakah bapak/ibu selalu minum susu misalnya susu sapi atau susu kedelai atau susu skim?</td>
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</tr>
<tr>
<td>10.</td>
<td>Apakah bapak/ibu menyukai makanan yang manis?</td>
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<td>11.</td>
<td>Apakah bapak/ibu menyukai makanan yang pedas?</td>
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<td>12.</td>
<td>Apakah bapak/ibu menyukai makanan gorengan/</td>
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<tr>
<td>13.</td>
<td>Apakah bapak/ibu menyukai makanan yang asin?</td>
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<tr>
<td>14.</td>
<td>Apakah makanan bapak/ibu selalu lembek tidak keras?</td>
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<td>15.</td>
<td>Apakah bapak/ibu selalu banyak minum air putih 7-8 gelas perhari?</td>
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<tr>
<td></td>
<td><strong>B. AKTIVITAS FISIK</strong></td>
<td></td>
</tr>
<tr>
<td>1.</td>
<td>Apakah bapak/ibu memiliki tugas rutin di dalam maupun di luar rumah?</td>
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</tr>
<tr>
<td>2.</td>
<td>Apakah bapak/ibu beraktivitas lebih dari 7 jam sehari?</td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td>Apakah bapak/ibu sering berolah raga?</td>
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</tr>
<tr>
<td>4.</td>
<td>Apakah bapak/ibu berolah raga minimal 30 menit sehari?</td>
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<tr>
<td>5.</td>
<td>Apakah aktivitas bapak/ibu banyak dilakukan dengan berjalan kaki setiap hari?</td>
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<tr>
<td></td>
<td><strong>C. ISTIRAHAT</strong></td>
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</tr>
<tr>
<td>1.</td>
<td>Apakah bapak/ibu sering terbangun pada waktu istirahat/tidur? (misalnya: ke kamar mandi atau karena penyakit yang diderita?)</td>
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<td>3.</td>
<td>Apakah bapak/ibu istirahat/tidur pada siang hari?</td>
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<td>Apakah bapak/ibu istirahat/tidur 6-8 jam per hari?</td>
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<td></td>
<td><strong>D. RIWAYAT MEROKOK</strong></td>
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<td>Apakah bapak/ibu merokok pada saat ini?</td>
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# LAMPIRAN 2: UJI VALIDITAS

## 1. VARIABEL POLA MAKAN

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</tbody>
</table>

*Correlation is significant at the 0.01 level (2-tailed).

Berdasarkan uji validitas variabel pola makan lansia terdapat semua item < 0.005, maka dinyatakan valid.
### 2. AKTIVITAS FISIK

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</tbody>
</table>

**. Correlation is significant at the 0.01 level (2-tailed).

Berdasarkan uji validitas variabel aktivitas fisik lansia terdapat semua item < 0,005 maka dinyatakan valid.
3. KEBIASAAN ISTIRAHAT

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</table>

**. Correlation is significant at the 0.01 level (2-tailed).

Berdasarkan uji validitas variabel kebiasaan istirahat lansia terdapat semua item < 0,005 maka dinyatakan valid.

4. RIWAYAT MEROKOK

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<thead>
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</tbody>
</table>

**. Correlation is significant at the 0.01 level (2-tailed).

Berdasarkan uji validitas variabel riwayat merokok lansia terdapat semua item < 0,005 maka dinyatakan valid.
5. STATUS KESEHATAN

Berdasarkan uji validitas variabel status kesehatan lansia terdapat semua item < 0,005 maka dinyatakan valid.
LAMPIRAN 3: UJI RELIABILITAS

1. POLA MAKAN

Uji Reliability

[DataSet0] C:\Documents and Settings\acer\My Documents\VALIDITAS DATA PONIAH.sav

Scale: ALL VARIABLES

Case Processing Summary

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a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

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<tbody>
<tr>
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</table>

Berdasarkan uji reliabilitas variabel pola makan lansia terdapat nilai cronbach’s alpha = 0,771 > 0,7 maka dinyatakan reliabel dan layak di jadikan menjadi kuesioner penelitian.
2. AKTIVITAS FISIK

Scale: ALL VARIABLES

<table>
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<th>Case Processing Summary</th>
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a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

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Berdasarkan uji reliabilitas variabel aktivitas fisik lansia terdapat nilai cronbach’s alpha = 0,819 > 0,8 maka dinyatakan reliable dan layak di jadikan menjadi kuesioner penelitian.

3. KEBIASAAN ISTIRAHAT

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a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

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Berdasarkan uji reliabilitas variabel kebiasaan istirahat lansia terdapat nilai cronbach’s alpha = 0,830 > 0,7 maka dinyatakan reliabel dan layak di jadikan menjadi kuesioner penelitian.

4. RIWAYAT MEROKOK

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Berdasarkan uji reliabilitas variabel riwayat merokok lansia terdapat nilai cronbach’s alpha = 0,893 > 0,7 maka dinyatakan reliabel dan layak di jadikan menjadi kuesioner penelitian.
5. STATUS KESEHATAN

Scale: ALL VARIABLES

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a. Listwise deletion based on all variables in the procedure.

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Berdasarkan uji reliabilitas variabel status kesehatan lansia terdapat nilai cronbach’s alpha = 0,747 > 0,7 maka dinyatakan reliabel dan layak di jadikan menjadi kuesioner penelitian.
Lampiran 4

**MASTER DATA**

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| Jlh | 1184 | 330 | 288 | 1208 |

KETERANGAN:
POLA MAKAN; 0 = BAIK; 1 = TIDAK BAIK
AKTIFITAS FISIK; 0 = CUKUP; 1 = TIDAK CUKUP
KEBIASAAAN ISTIRAHAT; 0 = CUKUP; 1 = TIDAK CUKUP
RIWAYAT MEROKOK; 0 = TIDAK; 1 = YA
STATUS KESEHATAN; 0 = BAIK; 1 = BURUK

HASIL KUESIONER POLA MAKAN RATA-RATA 1184/107 = 11,065 (MAKA > 11 POLA
MAKAN BAIK; ≤ TIDAK BAIK
HASIL KUESIONER AKTIFITAS FISIK RATA-RATA 330/107 = 3,084 (MAKA > 3 AKTIVITAS
CUKUP; ≤ 3 TIDAK CUKUP
HASIL KUESIONER KEBIASAAAN ISTIRAHAT 288/107 = 2,69 (MAKA > 2 ISTIRAHAT CUKUP;
≤ 2 TIDAK CUKUP
HASIL KUESIONER STATUS KESEHATAN 1208/107 = 11,289 (MAKA > 11 STATUS KESEHATAN
BAIK; ≤ 11 BURUK
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LAMPIRAN 6: UJI BIVARIAT

1. POLA MAKAN * STATUS KESEHATAN

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- a. Computed only for a 2x2 table
- b. 0 cells (.0%) have expected count less than 5. The minimum expected count is 18. 50.

Risk Estimate

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2. **AKTIVITAS FISIK * STATUS KESEHATAN**

### Crosstab

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<td></td>
</tr>
<tr>
<td>Linear-by-Linear Association</td>
<td>26.172</td>
<td>1</td>
<td>.000</td>
<td></td>
<td></td>
</tr>
<tr>
<td>N of Valid Cases</td>
<td>107</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

a. Computed only for a 2x2 table
b. 0 cells (.0%) have expected count less than 5. The minimum expected count is 13.

### Risk Estimate

<table>
<thead>
<tr>
<th>Value</th>
<th>95% Confidence Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Lower</td>
</tr>
<tr>
<td>Odds Ratio for Aktivitas Fisik (Cukup / Tidak Cukup)</td>
<td>10.752</td>
</tr>
<tr>
<td>For cohort Status Kesehatan = Baik</td>
<td>3.069</td>
</tr>
<tr>
<td>For cohort Status Kesehatan = Buruk</td>
<td>.285</td>
</tr>
<tr>
<td>N of Valid Cases</td>
<td>107</td>
</tr>
</tbody>
</table>
3. ISTIRAHAT * STATUS KESEHATAN

### Crosstab

<table>
<thead>
<tr>
<th></th>
<th>Status Kesehatan</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Baik</td>
<td>Buruk</td>
<td>Total</td>
</tr>
<tr>
<td>Istirahat Cukup</td>
<td>35</td>
<td>15</td>
<td>50</td>
</tr>
<tr>
<td>Expected Count</td>
<td>21.0</td>
<td>29.0</td>
<td>50.0</td>
</tr>
<tr>
<td>% within Istirahat</td>
<td>70.0%</td>
<td>30.0%</td>
<td>100.0%</td>
</tr>
<tr>
<td>Tidak Cukup</td>
<td>10</td>
<td>47</td>
<td>57</td>
</tr>
<tr>
<td>Expected Count</td>
<td>24.0</td>
<td>33.0</td>
<td>57.0</td>
</tr>
<tr>
<td>% within Istirahat</td>
<td>17.5%</td>
<td>82.5%</td>
<td>100.0%</td>
</tr>
<tr>
<td>Total</td>
<td>45</td>
<td>62</td>
<td>107</td>
</tr>
<tr>
<td>Count</td>
<td>45.0</td>
<td>62.0</td>
<td>107.0</td>
</tr>
<tr>
<td>Expected Count</td>
<td>42.1%</td>
<td>57.9%</td>
<td>100.0%</td>
</tr>
<tr>
<td>% within Istirahat</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Chi-Square Tests

<table>
<thead>
<tr>
<th></th>
<th>Value</th>
<th>df</th>
<th>Asymp. Sig. (2-sided)</th>
<th>Exact Sig. (2-sided)</th>
<th>Exact Sig. (1-sided)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pearson Chi-Square</td>
<td>30.076b</td>
<td>1</td>
<td>.000</td>
<td>.000</td>
<td>.000</td>
</tr>
<tr>
<td>Continuity Correctiona</td>
<td>27.962</td>
<td>1</td>
<td>.000</td>
<td>.000</td>
<td>.000</td>
</tr>
<tr>
<td>Likelihood Ratio</td>
<td>31.592</td>
<td>1</td>
<td>.000</td>
<td>.000</td>
<td>.000</td>
</tr>
<tr>
<td>Fisher's Exact Test</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Linear-by-Linear</td>
<td>29.795</td>
<td>1</td>
<td>.000</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Association</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>N of Valid Cases</td>
<td>107</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*a. Computed only for a 2x2 table
b. 0 cells (.0%) have expected count less than 5. The minimum expected count is 21.03.

### Risk Estimate

<table>
<thead>
<tr>
<th></th>
<th>Value</th>
<th>95% Confidence Interval</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Lower</td>
<td>Upper</td>
<td></td>
</tr>
<tr>
<td>Odds Ratio for Istirahat (Cukup / Tidak Cukup)</td>
<td>10.967</td>
<td>4.406</td>
<td>27.299</td>
<td></td>
</tr>
<tr>
<td>For cohort Status Kesehatan = Baik</td>
<td>3.990</td>
<td>2.209</td>
<td>7.208</td>
<td></td>
</tr>
<tr>
<td>For cohort Status Kesehatan = Buruk</td>
<td>.364</td>
<td>.234</td>
<td>.565</td>
<td></td>
</tr>
<tr>
<td>N of Valid Cases</td>
<td>107</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
4. RIWAYAT MEROKOK * STATUS KESEHATAN

<table>
<thead>
<tr>
<th></th>
<th>Status Kesehatan</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Baik</td>
<td>Buruk</td>
<td>Total</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jika Tidak Pernah Merokok</td>
<td>Count</td>
<td>37</td>
<td>21</td>
<td>58</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Expected Count</td>
<td>24.4</td>
<td>33.6</td>
<td>58.0</td>
<td></td>
</tr>
<tr>
<td></td>
<td>% within Riwayat Merokok</td>
<td>63.8%</td>
<td>36.2%</td>
<td>100.0%</td>
<td></td>
</tr>
<tr>
<td>Jika Pernah Merokok</td>
<td>Count</td>
<td>8</td>
<td>41</td>
<td>49</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Expected Count</td>
<td>20.6</td>
<td>28.4</td>
<td>49.0</td>
<td></td>
</tr>
<tr>
<td></td>
<td>% within Riwayat Merokok</td>
<td>16.3%</td>
<td>83.7%</td>
<td>100.0%</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>Count</td>
<td>45</td>
<td>62</td>
<td>107</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Expected Count</td>
<td>45.0</td>
<td>62.0</td>
<td>107.0</td>
<td></td>
</tr>
<tr>
<td></td>
<td>% within Riwayat Merokok</td>
<td>42.1%</td>
<td>57.9%</td>
<td>100.0%</td>
<td></td>
</tr>
</tbody>
</table>

Chi-Square Tests

<table>
<thead>
<tr>
<th></th>
<th>Value</th>
<th>df</th>
<th>Asymp. Sig. (2-sided)</th>
<th>Exact Sig. (2-sided)</th>
<th>Exact Sig. (1-sided)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pearson Chi-Square</td>
<td>24.557b</td>
<td>1</td>
<td>.000</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Continuity Correctiona</td>
<td>22.648</td>
<td>1</td>
<td>.000</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Likelihood Ratio</td>
<td>26.073</td>
<td>1</td>
<td>.000</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fisher's Exact Test</td>
<td></td>
<td></td>
<td></td>
<td>.000</td>
<td>.000</td>
</tr>
<tr>
<td>Linear-by-Linear Association</td>
<td>24.328</td>
<td>1</td>
<td>.000</td>
<td></td>
<td></td>
</tr>
<tr>
<td>N of Valid Cases</td>
<td>107</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

a. Computed only for a 2x2 table
b. 0 cells (.0%) have expected count less than 5. The minimum expected count is 20.

Risk Estimate

<table>
<thead>
<tr>
<th></th>
<th>Value</th>
<th>95% Confidence Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Lower</td>
<td>Upper</td>
</tr>
<tr>
<td>Odds Ratio for Riwayat Merokok (Jika Tidak Pernah Merokok / Jika Pernah Merokok)</td>
<td>9.030</td>
<td>3.571 22.833</td>
</tr>
<tr>
<td>For cohort Status Kesehatan = Baik</td>
<td>3.907</td>
<td>2.014 7.581</td>
</tr>
<tr>
<td>For cohort Status Kesehatan = Buruk</td>
<td>.433</td>
<td>.301 .622</td>
</tr>
<tr>
<td>N of Valid Cases</td>
<td>107</td>
<td></td>
</tr>
</tbody>
</table>
LAMPIRAN 7: UJI MULTIVARIAT

Logistic Regression

[DataSet1] C:\Users\user\Documents\SPSS PONIAH.sav

Case Processing Summary

<table>
<thead>
<tr>
<th>Unweighted Cases</th>
<th>N</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Selected Cases</td>
<td>107</td>
<td>100.0</td>
</tr>
<tr>
<td>Missing Cases</td>
<td>0</td>
<td>.0</td>
</tr>
<tr>
<td>Total</td>
<td>107</td>
<td>100.0</td>
</tr>
</tbody>
</table>

Unselected Cases | N   | Percent |
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>0</td>
<td>.0</td>
</tr>
<tr>
<td>Total</td>
<td>107</td>
<td>100.0</td>
</tr>
</tbody>
</table>

a. If weight is in effect, see classification table for the total number of cases.

Dependent Variable Encoding

<table>
<thead>
<tr>
<th>Original Value</th>
<th>Internal Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baik</td>
<td>0</td>
</tr>
<tr>
<td>Buruk</td>
<td>1</td>
</tr>
</tbody>
</table>

Block 0: Beginning Block

Classification Table

<table>
<thead>
<tr>
<th>Observed</th>
<th>Status Kesehatan</th>
<th>Predicted</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Baik</td>
<td>Buruk</td>
</tr>
<tr>
<td>Step 0</td>
<td>Status Kesehatan</td>
<td>Baik</td>
<td>Buruk</td>
</tr>
<tr>
<td></td>
<td>Baik</td>
<td>0</td>
<td>45</td>
</tr>
<tr>
<td></td>
<td>Buruk</td>
<td>0</td>
<td>62</td>
</tr>
<tr>
<td>Overall</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

a. Constant is included in the model.
b. The cut value is .500

Variables in the Equation

<table>
<thead>
<tr>
<th></th>
<th>B</th>
<th>S.E.</th>
<th>Wald</th>
<th>df</th>
<th>Sig</th>
<th>Exp(B)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Step 0</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Constant</td>
<td>.320</td>
<td>.196</td>
<td>2.678</td>
<td>1</td>
<td>.102</td>
<td>1.378</td>
</tr>
</tbody>
</table>
Variables not in the Equation

<table>
<thead>
<tr>
<th>Step 0</th>
<th>Variables</th>
<th>Pola</th>
<th>Score</th>
<th>24.731</th>
<th>df</th>
<th>1</th>
<th>Sig.</th>
<th>.000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall Statistics</td>
<td></td>
<td></td>
<td></td>
<td>24.731</td>
<td>df</td>
<td>1</td>
<td>Sig.</td>
<td>.000</td>
</tr>
</tbody>
</table>

Block 1: Method = Forward Stepwise (Wald)

Omnibus Tests of Model Coefficients

<table>
<thead>
<tr>
<th>Step</th>
<th>Chi-square</th>
<th>df</th>
<th>Sig.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Step 1 Step</td>
<td>25.465</td>
<td>1</td>
<td>.000</td>
</tr>
<tr>
<td>Block</td>
<td>25.465</td>
<td>1</td>
<td>.000</td>
</tr>
<tr>
<td>Model</td>
<td>25.465</td>
<td>1</td>
<td>.000</td>
</tr>
</tbody>
</table>

Model Summary

<table>
<thead>
<tr>
<th>Step</th>
<th>-2 Log likelihood</th>
<th>Cox &amp; Snell R Square</th>
<th>Nagelkerke R Square</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>120.156(^a)</td>
<td>.212</td>
<td>.285</td>
</tr>
</tbody>
</table>

a. Estimation terminated at iteration number 4 because parameter estimates changed by less than .001.

Classification Table \(^a\)

<table>
<thead>
<tr>
<th>Observed</th>
<th>Predicted</th>
<th>Status Kesehatan</th>
<th>Percentage Correct</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Baik</td>
<td>Buruk</td>
</tr>
<tr>
<td>Step 1</td>
<td>Status Kesehatan</td>
<td>31</td>
<td>14</td>
</tr>
<tr>
<td></td>
<td>Baik</td>
<td>13</td>
<td>49</td>
</tr>
<tr>
<td>Overall Percentage</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

a. The cut value is .500

Variables in the Equation

<table>
<thead>
<tr>
<th>Step</th>
<th>B</th>
<th>S.E.</th>
<th>Wald</th>
<th>df</th>
<th>Sig.</th>
<th>Exp(B)</th>
<th>95.0% C.I.for EXP(B)</th>
</tr>
</thead>
<tbody>
<tr>
<td>f</td>
<td>Pola</td>
<td>2.122</td>
<td>.488</td>
<td>22.396</td>
<td>1</td>
<td>.000</td>
<td>8.346</td>
</tr>
<tr>
<td></td>
<td>Constant</td>
<td>- .869</td>
<td>.330</td>
<td>6.917</td>
<td>1</td>
<td>.009</td>
<td>419</td>
</tr>
</tbody>
</table>

a. Variable(s) entered on step 1: Pola.
Logistic Regression

[DataSet1] C:\Users\user\Documents\SPSS PONIAH.sav

Case Processing Summary

<table>
<thead>
<tr>
<th>Unweighted Cases</th>
<th>N</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Selected Cases</td>
<td>107</td>
<td>100.0</td>
</tr>
<tr>
<td>Missing Cases</td>
<td>0</td>
<td>.0</td>
</tr>
<tr>
<td>Total</td>
<td>107</td>
<td>100.0</td>
</tr>
<tr>
<td>Unselected Cases</td>
<td>0</td>
<td>.0</td>
</tr>
<tr>
<td>Total</td>
<td>107</td>
<td>100.0</td>
</tr>
</tbody>
</table>

a. If weight is in effect, see classification table for the total number of cases.

Dependent Variable Encoding

<table>
<thead>
<tr>
<th>Original Value</th>
<th>Internal Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baik</td>
<td>0</td>
</tr>
<tr>
<td>Buruk</td>
<td>1</td>
</tr>
</tbody>
</table>

Block 0: Beginning Block

Classification Table

<table>
<thead>
<tr>
<th>Observed</th>
<th>Predicted</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Status Kesehatan</td>
</tr>
<tr>
<td></td>
<td>Baik</td>
</tr>
<tr>
<td>Step 0</td>
<td>Baik</td>
</tr>
<tr>
<td></td>
<td>Buruk</td>
</tr>
<tr>
<td>Overall Percentage</td>
<td>57.9</td>
</tr>
</tbody>
</table>

a. Constant is included in the model.

b. The cut value is .500

Variables in the Equation

<table>
<thead>
<tr>
<th></th>
<th>B</th>
<th>S.E.</th>
<th>Wald</th>
<th>df</th>
<th>Sig.</th>
<th>Exp(B)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Step 0</td>
<td>Constant</td>
<td>.320</td>
<td>.196</td>
<td>2.678</td>
<td>1</td>
<td>.102</td>
</tr>
</tbody>
</table>
### Variables not in the Equation

<table>
<thead>
<tr>
<th>Step 0</th>
<th>Variables</th>
<th>afK</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Score</td>
<td>26.419</td>
</tr>
<tr>
<td></td>
<td>df</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>Sig.</td>
<td>.000</td>
</tr>
<tr>
<td>Overall Statistics</td>
<td>Score</td>
<td>26.419</td>
</tr>
<tr>
<td></td>
<td>df</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>Sig.</td>
<td>.000</td>
</tr>
</tbody>
</table>

### Block 1: Method = Forward Stepwise (Wald)

**Omnibus Tests of Model Coefficients**

<table>
<thead>
<tr>
<th>Step</th>
<th>Chi-square</th>
<th>df</th>
<th>Sig.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Step 1</td>
<td>27.209</td>
<td>1</td>
<td>.000</td>
</tr>
<tr>
<td>Block</td>
<td>27.209</td>
<td>1</td>
<td>.000</td>
</tr>
<tr>
<td>Model</td>
<td>27.209</td>
<td>1</td>
<td>.000</td>
</tr>
</tbody>
</table>

**Model Summary**

<table>
<thead>
<tr>
<th>Step</th>
<th>-2 Log likelihood</th>
<th>Cox &amp; Snell R Square</th>
<th>Nagelkerke R Square</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>118.412&lt;sup&gt;a&lt;/sup&gt;</td>
<td>.225</td>
<td>.302</td>
</tr>
</tbody>
</table>

<sup>a</sup> Estimation terminated at iteration number 4 because parameter estimates changed by less than .001.

**Classification Table<sup>a</sup>**

<table>
<thead>
<tr>
<th>Observed</th>
<th></th>
<th>Predicted</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Status Kesehatan</td>
<td>Percentage Correct</td>
</tr>
<tr>
<td></td>
<td>Baik</td>
<td>Buruk</td>
</tr>
<tr>
<td>Step 1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Status Kesehatan</td>
<td>Baik</td>
<td>26</td>
</tr>
<tr>
<td></td>
<td>Buruk</td>
<td>7</td>
</tr>
<tr>
<td>Overall Percentage</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<sup>a</sup> The cut value is .500

**Variables in the Equation**

<table>
<thead>
<tr>
<th>Step</th>
<th>B</th>
<th>S.E.</th>
<th>Wald</th>
<th>df</th>
<th>Sig.</th>
<th>Exp(B)</th>
<th>95.0% C.I.for EXP(B)</th>
<th>Lower</th>
<th>Upper</th>
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<tbody>
<tr>
<td>1</td>
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<td>.502</td>
<td>22.373</td>
<td>1</td>
<td>.000</td>
<td>10.752</td>
<td>4.019</td>
<td>28.767</td>
</tr>
</tbody>
</table>

<sup>a</sup> Variable(s) entered on step 1: afK.
Logistic Regression

[DataSet1] C:\Users\user\Documents\SPSS PONIAH.sav

Case Processing Summary

<table>
<thead>
<tr>
<th>Unweighted Cases</th>
<th>N</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Selected Cases</td>
<td>107</td>
<td>100.0</td>
</tr>
<tr>
<td>Missing Cases</td>
<td>0</td>
<td>.0</td>
</tr>
<tr>
<td>Total</td>
<td>107</td>
<td>100.0</td>
</tr>
<tr>
<td>Unselected Cases</td>
<td>0</td>
<td>.0</td>
</tr>
<tr>
<td>Total</td>
<td>107</td>
<td>100.0</td>
</tr>
</tbody>
</table>

a. If weight is in effect, see classification table for the total number of cases.

Dependent Variable Encoding

<table>
<thead>
<tr>
<th>Original Value</th>
<th>Internal Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baik</td>
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</tr>
<tr>
<td>Buruk</td>
<td>1</td>
</tr>
</tbody>
</table>

Block 0: Beginning Block

Classification Table

<table>
<thead>
<tr>
<th>Observed Status Kesehatan</th>
<th>Predicted Status Kesehatan</th>
<th>Percentage Correct</th>
</tr>
</thead>
<tbody>
<tr>
<td>Step 0</td>
<td>Baik</td>
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<tr>
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</tr>
<tr>
<td>Overall Percentage</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

a. Constant is included in the model.

b. The cut value is .500

Variables in the Equation

<table>
<thead>
<tr>
<th>Step 0</th>
<th>Constant</th>
<th>B</th>
<th>S.E.</th>
<th>Wald</th>
<th>df</th>
<th>Sig</th>
<th>Exp(B)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>.320</td>
<td>.196</td>
<td>2.678</td>
<td>1</td>
<td>.102</td>
<td>1.378</td>
</tr>
</tbody>
</table>
Variables not in the Equation

<table>
<thead>
<tr>
<th>Step 0</th>
<th>Variables</th>
<th>itK</th>
<th>Score</th>
<th>df</th>
<th>Sig.</th>
</tr>
</thead>
<tbody>
<tr>
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<td>.000</td>
</tr>
</tbody>
</table>

<table>
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<tr>
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<th>Step</th>
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<th>df</th>
<th>Sig.</th>
</tr>
</thead>
<tbody>
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<td>Model</td>
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<td>1</td>
<td>.000</td>
<td></td>
</tr>
</tbody>
</table>

Block 1: Method = Forward Stepwise (Wald)

Omnibus Tests of Model Coefficients

<table>
<thead>
<tr>
<th>Step</th>
<th>Chi-square</th>
<th>df</th>
<th>Sig.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Model</td>
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<td>.000</td>
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</tbody>
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Model Summary

<table>
<thead>
<tr>
<th>Step</th>
<th>-2 Log likelihood</th>
<th>Cox &amp; Snell R Square</th>
<th>Nagelkerke R Square</th>
</tr>
</thead>
<tbody>
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<td>1</td>
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</table>

a. Estimation terminated at iteration number 4 because parameter estimates changed by less than .001.

Classification Table a

<table>
<thead>
<tr>
<th>Observed</th>
<th>Predicted</th>
<th>Status Kesehatan</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Baik</td>
<td>Buruk</td>
</tr>
<tr>
<td>Step 1</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Status Kesehatan</td>
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<td>Buruk</td>
</tr>
<tr>
<td>Baik</td>
<td>35</td>
<td>10</td>
<td>77.8</td>
</tr>
<tr>
<td>Buruk</td>
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<td>47</td>
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<tr>
<td>Overall</td>
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<td></td>
</tr>
</tbody>
</table>

a. The cut value is .500

Variables in the Equation

<table>
<thead>
<tr>
<th>Step</th>
<th>Variables</th>
<th>B</th>
<th>S.E.</th>
<th>Wald</th>
<th>df</th>
<th>Sig.</th>
<th>Exp(B)</th>
<th>95.0% C.I.for EXP(B)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>itK</td>
<td>2.395</td>
<td>.465</td>
<td>26.489</td>
<td>1</td>
<td>.000</td>
<td>10.967</td>
<td>4.406 - 27.299</td>
</tr>
<tr>
<td></td>
<td>Constant</td>
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<td>.309</td>
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</tr>
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a. Variable(s) entered on step 1: itK.
Logistic Regression

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### Case Processing Summary

<table>
<thead>
<tr>
<th>Unweighted Cases</th>
<th>N</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Selected Cases</td>
<td>107</td>
<td>100.0</td>
</tr>
<tr>
<td>Missing Cases</td>
<td>0</td>
<td>.0</td>
</tr>
<tr>
<td>Total</td>
<td>107</td>
<td>100.0</td>
</tr>
<tr>
<td>Unselected Cases</td>
<td>0</td>
<td>.0</td>
</tr>
<tr>
<td>Total</td>
<td>107</td>
<td>100.0</td>
</tr>
</tbody>
</table>

a. If weight is in effect, see classification table for the total number of cases.

### Dependent Variable Encoding

<table>
<thead>
<tr>
<th>Original Value</th>
<th>Internal Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baik</td>
<td>0</td>
</tr>
<tr>
<td>Buruk</td>
<td>1</td>
</tr>
</tbody>
</table>

### Block 0: Beginning Block

#### Classification Table

<table>
<thead>
<tr>
<th>Observed</th>
<th>Status Kesehatan</th>
<th>Predicted</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Status Kesehatan</td>
<td>Correct</td>
</tr>
<tr>
<td></td>
<td>Baik</td>
<td>0</td>
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</tr>
<tr>
<td></td>
<td>Buruk</td>
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<tr>
<td>Step 0</td>
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</tbody>
</table>

a. Constant is included in the model.

b. The cut value is .500

### Variables in the Equation

<table>
<thead>
<tr>
<th>Step 0 Constant</th>
<th>B</th>
<th>S.E.</th>
<th>Wald</th>
<th>df</th>
<th>Sig.</th>
<th>Exp(B)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>.320</td>
<td>.196</td>
<td>2.678</td>
<td>1</td>
<td>.102</td>
<td>1.378</td>
</tr>
</tbody>
</table>
### Variables not in the Equation

<table>
<thead>
<tr>
<th>Step 0 Variables</th>
<th>Score</th>
<th>df</th>
<th>Sig.</th>
</tr>
</thead>
<tbody>
<tr>
<td>mK</td>
<td>24.557</td>
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<td>.000</td>
</tr>
</tbody>
</table>

### Block 1: Method = Forward Stepwise (Wald)

#### Omnibus Tests of Model Coefficients

<table>
<thead>
<tr>
<th>Step</th>
<th>Chi-square</th>
<th>df</th>
<th>Sig.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Step 1</td>
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<td>Block</td>
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<td>.000</td>
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### Model Summary

<table>
<thead>
<tr>
<th>Step</th>
<th>-2 Log likelihood</th>
<th>Cox &amp; Snell R Square</th>
<th>Nagelkerke R Square</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>119.548a</td>
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<td>.291</td>
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</tbody>
</table>

*a. Estimation terminated at iteration number 4 because parameter estimates changed by less than .001.*

### Classification Table a

<table>
<thead>
<tr>
<th>Observed</th>
<th>Predicted</th>
<th>Percentage Correct</th>
</tr>
</thead>
<tbody>
<tr>
<td>Status Kesahatan</td>
<td>Baik</td>
<td>37</td>
</tr>
<tr>
<td></td>
<td>Buruk</td>
<td>21</td>
</tr>
<tr>
<td>Overall Percentage</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*a. The cut value is .500*

### Variables in the Equation

<table>
<thead>
<tr>
<th>Step</th>
<th>B</th>
<th>S.E.</th>
<th>Wald</th>
<th>df</th>
<th>Sig.</th>
<th>Exp(B)</th>
<th>95.0% CI for EXP(B)</th>
</tr>
</thead>
<tbody>
<tr>
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*a. Variable(s) entered on step 1: mK.*
Logistic Regression

[DataSet1] C:\Users\user\Documents\SPSS PONIAH.sav

Case Processing Summary

<table>
<thead>
<tr>
<th>Unweighted Cases</th>
<th>N</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Selected Cases</td>
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<td>Included in Analysis</td>
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<td></td>
</tr>
<tr>
<td>Missing Cases</td>
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<tr>
<td>Total</td>
<td>107</td>
<td>100.0</td>
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<tr>
<td>Unselected Cases</td>
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<tr>
<td>Total</td>
<td>107</td>
<td>100.0</td>
</tr>
</tbody>
</table>

a. If weight is in effect, see classification table for the total number of cases.

Dependent Variable Encoding

<table>
<thead>
<tr>
<th>Original Value</th>
<th>Internal Value</th>
</tr>
</thead>
<tbody>
<tr>
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<td>Buruk</td>
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</tr>
</tbody>
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Block 0: Beginning Block

Classification Table

<table>
<thead>
<tr>
<th>Observed</th>
<th>Predicted</th>
<th>Status Kesehatan</th>
<th>Percentage Correct</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Baik</td>
<td>Buruk</td>
</tr>
<tr>
<td>Status Kesehatan</td>
<td>Baik</td>
<td>0</td>
<td>45</td>
</tr>
<tr>
<td></td>
<td>Buruk</td>
<td>0</td>
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</tr>
<tr>
<td>Overall Percentage</td>
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<td></td>
<td></td>
</tr>
</tbody>
</table>

a. Constant is included in the model.

b. The cut value is .500

Variables in the Equation

<table>
<thead>
<tr>
<th></th>
<th>B</th>
<th>S.E.</th>
<th>Wald</th>
<th>df</th>
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<th>Exp(B)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Step 0</td>
<td>Constant</td>
<td>.320</td>
<td>.196</td>
<td>2.678</td>
<td>1</td>
<td>.102</td>
</tr>
</tbody>
</table>
Variables not in the Equation

<table>
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<tr>
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<th>Variables</th>
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<th>df</th>
<th>Sig.</th>
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<tr>
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<td>1</td>
<td>.000</td>
</tr>
<tr>
<td></td>
<td>itK</td>
<td>30.076</td>
<td>1</td>
<td>.000</td>
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<tr>
<td></td>
<td>mK</td>
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<td>1</td>
<td>.000</td>
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<td></td>
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<td>.000</td>
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</table>

Block 1: Method = Forward Stepwise (Wald)

Omnibus Tests of Model Coefficients

<table>
<thead>
<tr>
<th>Step</th>
<th>Chi-square</th>
<th>df</th>
<th>Sig.</th>
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</thead>
<tbody>
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<tr>
<td>Block</td>
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<td>.000</td>
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<tr>
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<td>Step</td>
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<td>.000</td>
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Model Summary

<table>
<thead>
<tr>
<th>Step</th>
<th>-2 Log likelihood</th>
<th>Cox &amp; Snell R Square</th>
<th>Nagelkerke R Square</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>114.029&lt;sup&gt;a&lt;/sup&gt;</td>
<td>.256</td>
<td>.344</td>
</tr>
<tr>
<td>2</td>
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<td>.567</td>
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<tr>
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<tr>
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<td>.716</td>
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</table>

<sup>a</sup> Estimation terminated at iteration number 4 because parameter estimates changed by less than .001.

<sup>b</sup> Estimation terminated at iteration number 6 because parameter estimates changed by less than .001.
## Classification Table

<table>
<thead>
<tr>
<th>Observed</th>
<th>Status Kesehatan</th>
<th>Baik</th>
<th>Buruk</th>
<th>Percentage Correct</th>
</tr>
</thead>
<tbody>
<tr>
<td>Step 1</td>
<td>Status Kesehatan</td>
<td>Baik</td>
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<td>77.8</td>
</tr>
<tr>
<td></td>
<td>Buruk</td>
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<td>15</td>
<td></td>
</tr>
<tr>
<td>Overall</td>
<td>Percentage</td>
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<tr>
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<td>Buruk</td>
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<td>4</td>
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<tr>
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<td>Percentage</td>
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<tr>
<td></td>
<td></td>
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<td></td>
<td>87.9</td>
</tr>
</tbody>
</table>

a. The cut value is .500

## Variables in the Equation

<table>
<thead>
<tr>
<th>Step</th>
<th>Variable(s) entered</th>
<th>B</th>
<th>S.E.</th>
<th>Wald</th>
<th>df</th>
<th>Sig</th>
<th>Exp(B)</th>
<th>95.0% C.I. for Exp(B)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>itK</td>
<td>2.395</td>
<td>.465</td>
<td>26.489</td>
<td>1</td>
<td>.000</td>
<td>10.967</td>
<td>4.406</td>
</tr>
<tr>
<td></td>
<td>Constant</td>
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