

APENDIX

Biography of Aya Kito

Aya Kito was born in Toyohashi in 19 July 1962 (trace based on the descriptions in the book). She grew up in the middle of a warm family and raised by a loving father and mother. Her mother, Shioka Kito, is work in Public Health Nursing Toyohashi area. Aya also having a younger sister named Ako, two brothers and a younger sister named Rika.

Until 14 years old and attended a private junior school Seiryō, Aya's body still looks normal greeting like teenage girls in general. At the age of 15 years was the symptoms of the disease began to appear. Her mother, Shioka Kito who concerned about the condition of her daughter, brought Aya to Nagoya Public University Hospital. There Aya handled by Doctor Itsuro Sofue. Aya had her second medical check at the beginning of the school in SMA Toyohashi (referred to Aichi High School in her diary). In fact she should spend her first summer school in Nagoya hospital for further medical check and therapy. From here the control of her health held by Dr. Hiroko Yamamoto, Neurology Specialist Nagoya Hospital. It was the age of 16.

Aya's mother suggested Aya to moving into Special School Okazaki. Finally, with a variety of considerations, Aya decides to moves there. She registered in the special school when the announcement of second grade in Aichi High School. She was using a wheelchair when going into special school.

At the age of 17, Aya had difficulty to speak, eat and she often choked. She graduated from the special school at age of 18. Her health condition did not improve, but the spirit inside of Aya still higher. He still writes in her diary until

age 20. Aya Kito died on May 23, 1988, at 00:15 at the age of 25 years and 10 months.

Her diary, entitled 1 Litre no Namida (1 リットルの涙, Ichi Rittoru no Namida, "1 Liter of Tears"), was first published in her native Japan on February 25, 1986, more than two years before her death at the age of 25. Her diary was later adapted into a film (2004) and then later into a television drama series with Erika Sawajiri portraying her (2005).