APPENDICES

SUMMARY OF EAT PRAY LOVE

Elizabeth Gilbert is a wife and successful writer. She programming a pregnancy when she starts to feel empty realizes that she doesn’t really want to have a baby like her husband. Every month if she gets menstruation she will feel grateful. After a while, she falls into depression. In the middle of the night while her husband sleep, she would go to the bathroom and cry.

She doesn’t really know what happen to herself, she just know that she feeling empty, sad and exhausted that she doesn’t want married anymore. When she first acts like that her husband calmly faces the situation but after months later, he starts loosing her patient. Seven moths after has trouble with herself, she does divorce her husband. But the process takes a long time because her husband doesn’t want to divorce.

She moved out when decided to divorce. At that time she is falling in love with David; an actor and writer. Then she move out to David’s place. She really loves him. They spend a good time together. Elizabeth begins to dependence to David, like she always does. But turn out that David doesn’t like it because she likes an independent and confident woman. After months, she starts to feel empty again. She acts like when she still with her husband. Crying in the middle of the night, in the bathroom. David doesn’t know what happen and what to do to her.
Her divorce settled three years later and that time she just broke up again with David. She divorce and bankrupt because in the divorce settlement she said that she would give everything to her husband. Then she decided to go a year travelling to Italy, India and Indonesia. She wants to feel the art of pleasure in Italy, devotional experience (spiritual enlightenment) in India and balancing the two in Indonesia.

The section on Italy is mouthwatering - savoring a simple Italian meal with wine and tiramisu for dessert on her first day in Rome, roaming around the streets with frequent cappuccino and gelato refreshment breaks, and joining an Italian language class for no practical reason but simply to roll the sounds over her tongue and revel in the texture of the mellifluous language.

She makes friends there and also has tandem exchange partner to improve her Italian language. She is traveling to other city around Rome to taste special meal from that local city. Leaving Italy, plumper and happier, she is all ready for her four months of meditation in India.

These four months are spent in a Guru’s ashram near Mumbai. In that Ashram, she’s living with many people that come from different countries. They all want to have spiritual enlightenment with learn Yoga and meditation. All of them are given work there to keep the Ashram clean, and Elizabeth’s work assignment is to scrub the temple floor. She makes friends with people there and also with an Indian girl named Tulsi.
Having grown up in a non-religious family, she approaches the road to spiritual enlightenment with a fair degree of skepticism. Now at the ashram, she is keen to practice yoga and find God. By seeking what she had come for, Elizabeth moves on, calm and grateful, to the final destination of her journey.

In Bali, Elizabeth interacts with a few local Balinese; Balinese medicine man and a healer woman and her impetuous involvement in their personal lives is quirky and amusing. There she meet Felipe, Brazilian man that she falling in love to. She already reaches what she wants in her journey, the art of pleasure, devotional experience and the balance then she finally finds her true love.
ELIZABETH GILBERT’S BIOGRAPHY

Elizabeth M. Gilbert (born July 18, 1969) is an American novelist, essayist, short story writer, biographer, and memoirist. She is most known for her 2006 memoirs, *Eat, Pray, Love*, which as of July 2010, has spent 180 weeks on the New York Times Best Seller list, and was also made into a film by the same name in 2010.

Gilbert was born in Waterbury, Connecticut. Her father was a chemical engineer, her mother a nurse. Along with her only sister, novelist and historian Catherine Gilbert Murdock, Gilbert grew up on a small family Christmas tree farm in Litchfield, Connecticut. The family lived in the country with no neighbors, and they didn’t own a TV or even a record player. Consequently, they all read a great deal, and Gilbert and her sister entertained themselves by writing little books and plays.

Gilbert earned a Bachelor of Arts degree in Political Science from New York University in 1991 after which she worked as cook, a waitress, and a magazine employee. She wrote of her experience as a cook on a dude ranch in short stories, and also briefly in her book *The Last American Man* (Viking 2002).

*Esquire* published Gilbert's short story "Pilgrims" in 1993, under the headline, "The Debut of an American Writer". She was the first unpublished short story writer to debut in *Esquire* since Norman Mailer. This led to steady work as a journalist for a variety of national magazines including, *SPIN, GQ, The New York*
Times Magazine, Allure, Real Simple, and Travel + Leisure. As stated in the memoir, Eat, Pray, Love, Gilbert made a career as a highly-paid freelance writer.

Her 1997 GQ article, "The Muse of the Coyote Ugly Saloon", a memoir of Gilbert's time as a bartender at the very first Coyote Ugly table dancing bar located in the East Village section of New York City, was the basis for the feature film Coyote Ugly. She adapted her 1998 GQ article, "Eustace Conway is Not Like Any Man You've Ever Met", into a biography of the modern naturalist, The Last American Man. It received a nomination for the National Book Award in non-fiction. "The Ghost", a profile of Hank Williams III published by GQ in 2000, was included in Best American Magazine Writing 2001.

Gilbert's first book Pilgrims (Houghton Mifflin 1997), a collection of short stories, received the Pushcart Prize and was a finalist for the PEN/Hemingway Award. This was followed by her novel Stern Men (Houghton Mifflin 2000), selected by The New York Times as a "Notable Book" In 2002 she published The Last American Man (2002), a biography of a modern woodsman and naturalist, which was nominated for National Book Award.

In 2006, Gilbert published Eat, Pray, Love: One Woman's Search for Everything Across Italy, India and Indonesia (Viking, 2006), a chronicle of her year of "spiritual and personal exploration" spent traveling abroad. She financed her world travel for the book with a substantial publisher's advance.
The memoir was on the *New York Times Best Seller List* of non-fiction in the spring of 2006, and in October 2008, after 88 weeks, the book was still on the list at number 2. Gilbert appeared on *The Oprah Winfrey Show* in 2007, and has reappeared on the show to further discuss the book and her philosophy, and to discuss the film. The book was optioned for a film by Columbia Pictures, which was released as *Eat Pray Love* on August 13, 2010, with Julia Roberts starring as Elizabeth Gilbert.

Gilbert's fifth book, *Committed: A Skeptic Makes Peace with Marriage*, was released by Viking in January 2010. The book is somewhat of a sequel to *Eat, Pray, Love* in that it takes up Gilbert's life story where her bestseller left off. The book is a thorough examination of the institution of marriage from a multitude of historical and modern perspectives — including that of people, particularly women, reluctant to marry. In the book, Gilbert also includes perspectives on same-sex marriage and compares this to interracial marriage prior to the 1970s.

In an interview, Gilbert mentioned *The Wizard of Oz* with nostalgia, adding, "I am a writer today because I learned to love reading as a child—and mostly on account of the Oz books..." She is especially vocal about the importance of Charles Dickens to her, mentioning his stylistic influence on her writing in countless interviews. She lists Marcus Aurelius' *Meditations* as her favorite book on philosophy.
WORKS

Story collections

- *Pilgrims* (1997) (Pushcart Prize, finalist for PEN/Hemingway Award)

Novels


Biographies

- *The Last American Man* (2002) (finalist for the National Book Award and National Book Critic's Circle Award)

Memoirs

- *Committed* (2010)

As contributor